

**Concord Swim Team**  
**Swim-Your Own-Age**  
**Heart Smart Invitational**

Hosted by the Concord Swim Team  
February 26, 27, 28, 2010

**Sanction:** This meet is sanctioned by USA Swimming and Indiana Swimming. **Sanction number IN10238.**

**Location:** Concord High School: 59117 Minuteman Way, Elkhart, Indiana 46517

**Facility:** 25 yard course, 10 lanes, non-turbulent markers, Colorado timing system with touch pads, digital watch backup, Myriad display with full matrix display system, separate warm up/warm down area. Bleacher seating available.

**Limits:** Contestants may enter two (2) events on Friday, four (4) events on Saturday, and four (4) events on Sunday plus the relays. The Friday night events may be limited in order to maintain an acceptable timeline. If these events are limited, a cutoff time will be posted according to the timeline below. The 500 and 1650 freestylers need to provide their own lap counters. In addition, the 1650 freestylers need to provide their own timers. Saturday and Sunday entries will be limited to first 2,000 individual entries each day. Teams will not be split. All events will be deck seeded timed finals. No times (NT) will be seeded in the slowest heats. Deck Entries will only be allowed per Meet Director's discretion. Refunds will be given to those swimmers who do not qualify for a Friday evening event.

**Rules:** Current USA Swimming and Indiana swimming rules will govern this meet. USA Swimming Rule 202.3.2- At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Swimmers must be registered with USA Swimming to be accepted into this meet. Age as of February 26 2010, shall determine the swimmer's age for the entire meet.

Coaches must continually display their 2010 USA Swimming coach credential to gain deck access. The meet referee reserves the right to ask for coach credential and/or deny access if a coach does not comply or card is no longer valid/current.

Check-in sheets for each session will be posted 30 minutes before warmups begin for that session. Swimmers will be scratched from any event for which they fail to check in. **Check-in will close 15 minutes after the start of warm-ups.** Fly over starts will be used.

**Swim Suit**

**Requirements:** USA Swimming Swim Suit Rule (102.9.1) will be enforced.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

**Clerk:** A clerk of course will be utilized for all 8 and under events. All swimmers must report to the designated clerk area by the last call for the event. No other age groups will have a clerk of course. Heat and lane assignments will be posted in numerous spots around the pool deck. Swimmers will be responsible for reporting to their lane on a timely basis. Heats will not be delayed for missing swimmers.

**Volunteers:** Officials will be needed from our visiting teams. Each team is asked to provide one official per session. Please email the names of your officials to the Meet Director.

**Warm-Ups: Friday session:**  
4:00-5:00 p.m. general warm-ups.  
4:10 –Sign-in sheets removed.  
4:15 – Officials’ meeting  
4:45 – Timers meeting  
5:00 –Coaches’ meeting  
5:10 –Meet begins

**Saturday and Sunday sessions:**  
7:15-7:55 a.m. – Warmup 13 and overs  
7:45—Sign-in sheets removed.  
7:45 – Officials’ meeting  
7:55-8:15 a.m. – Warmup 8 and unders  
8:10 a.m. -- Timers’ meeting  
8:20 a.m. -- Coaches’ meeting  
8:30 a.m. -- Meet begins each day

The afternoon warm-ups will not begin before 12:00 p.m. and will last for 50 minutes. The afternoon session will begin approximately one hour after warm-ups start, but not before 1:00 p.m.

**Awards:** Individual:  
Custom Ribbons: 1st – 16th place  
  
Relays:  
Custom ribbons 1st - 3rd place

**High Point Awards:** High point trophies will be given for both first and second place for the following ages: 7 and under, 8, 9, 10, 11, 12, 13, 14, 15 and over.

**Team Awards:** Team awards will be presented to the top 2 large teams (40 or more swimmers) and the top two small teams (less than 40 swimmers).

Scoring (1st through 16h place): 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1

**Entry Info:** Individual events: \$4.00. Relays: \$5.00. Deck Entries (per Meet Director’s discretion): \$8.00  
TELEPHONE ENTRIES WILL NOT BE ACCEPTED. Entries must be e-mailed to Entry Chair, Audra Mark. **All entries should be emailed to:**  
**[csentrychair@comcast.net](mailto:csentrychair@comcast.net)**

The summary of entries form and entry fee payment is due at the beginning of the Friday evening session. Entries will only be accepted from official team representatives.

*Please Note:* A \$1.50 surcharge must be assessed for every swimmer at every sanctioned meet, payable back to Indiana Swimming.

## **Entry**

**Deadline:** Entries will be accepted starting Tuesday, February 2nd.  
Entry deadline will be Tuesday, February 9th.  
Confirmation of entries will be sent out by Thursday, February 11th.  
Corrections & Time Updates will be accepted till Tuesday, February 16<sup>th</sup>.  
Cut Off Times for Limited Events will be published & E-mailed as of Friday, February 19<sup>th</sup>.  
The entry deadline will be extended if the meet is not full at that time.

**Seed Time Updates:**

The deadline for seed time updates will be Tuesday February 16. If the meet has filled prior to this time, no changes in events will be permitted, only changes in seed times. Limited events will be based upon the seed times submitted to the entry chair by this deadline.

**Concessions:** An excellent variety of food and drinks will be available both days. No food or drinks are allowed in the pool area. No smoking is allowed in the school.

**Admission:** Adult admission charge of \$1.00 per day. Children 12 and under free.

**Vendor:** Kast-A-Way Swimwear will offer a variety of swimming and apparel items for sale.

**Final Results:** Please indicate on summaries entry form your chosen method for final results. Additional copies are available for \$5.00.

**Volunteers:** Officials will be needed from our visiting teams. Each team is asked to provide one official per session. Please email the names of your officials to the Meet Director.

#### **Meet**

**Director:** **Terry Hussey**  
**Email – [thussey@goshenschools.org](mailto:thussey@goshenschools.org)**  
**Telephone – 574-536-8076.**

**Conduct:** The Concord Swim Team uses the fine pool facilities of Concord High School under a long-standing cooperative agreement. We ask all swimmers, parents, and coaches to help us maintain and protect this facility. The Concord Swim Club reserves the right to expel any swimmer or spectator for the remainder of this meet, with no refund of entry fees, if he/she is destructive, rowdy, or caught in any unauthorized area of the facility. We ask that parents and coaches keep their swimmers under control at all times. No responsibility for lost articles will be assumed except to provide a location for lost and found, which will be located near the pool area.

# Heart Smart Invitational

## Friday Evening Session

Warmups – 4:00 – 5:00 p.m.; Meet starts at 5:10 p.m.

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	10 & Under 200 Freestyle	2
3	11-12 500 Freestyle	4
5	13 & Over 500 Freestyle	6
7	10 & Under 200 Individual Medley	8
9	11-12 200 Individual Medley	10
11	13 & Over 400 Individual Medley	12
13	13 & Over 1650 Freestyle*	14

\*1000 splits will be provided

## Saturday A.M. Session

Warmups – 13 & over – 7:15 – 7:55 a.m.; 8 & under – 7:55 – 8:15 a.m.

Meet starts at 8:30 a.m.

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
15	13 & Over 200 Individual Medley	16
17	8 & Under 100 Individual Medley	18
19	13 & Over 100 Freestyle	20
21	8 & Under 25 Freestyle	22
23	13 & Under 200 Backstroke	24
25	8 & Under 25 Backstroke	26
27	13 & Over 100 Butterfly	28
29	8 & Under 50 Butterfly	30
31	13 & Over 200 Breaststroke	32
33	8 & Under 50 Breaststroke	34
35	13 & Over 200 Free Relay	36
37	8 & Under 100 Free Relay	38

## Saturday P.M. Session

Warmups – not before 12:00 – 12:50 p.m.

Meet starts not before 1:00 p.m.

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
39	9-10 50 Freestyle	40
41	11-12 50 Freestyle	42
43	9-10 100 Butterfly	44
45	11-12 100 Butterfly	46
47	9-10 50 Backstroke	48
49	11-12 50 Backstroke	50
51	9-10 100 Breaststroke	52
53	11-12 100 Breaststroke	54
55	9-10 200 Freestyle Relay	56
57	11-12 200 Free Relay	58

# Heart Smart Invitational

## Sunday A.M. Session

Warmups – 13 & over – 7:15 – 7:55 a.m.; 8 & under – 7:55 – 8:15 a.m.

Meet starts at 8:30 a.m.

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
59	13 & Over 200 Freestyle	60
61	8 & Under 100 Freestyle	62
63	13 & Over 200 Butterfly	64
65	8 & Under 25 Butterfly	66
67	13 & Over 100 Backstroke	68
69	8 & Under 50 Backstroke	70
71	13 & Over 50 Freestyle	72
73	8 & Under 50 Freestyle	74
75	13 & Over 100 Breaststroke	76
77	8 & Under 25 Breaststroke	78
79	13 & Over 200 Medley Relay	80
81	8 & Under 100 Medley Relay	82

## Sunday P.M. Session

Warmups – not before 12:00 – 12:50 p.m.

Meet starts not before 1:00 p.m.

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
83	11-12 200 Freestyle	84
85	9-10 50 Butterfly	86
87	11-12 50 Butterfly	88
89	9-10 100 Freestyle	90
91	11-12 100 Freestyle	92
93	9-10 100 Backstroke	94
95	11-12 100 Backstroke	96
97	9-10 50 Breaststroke	98
99	11-12 50 Breaststroke	100
101	9-10 200 Medley Relay	102
103	11-12 200 Medley Relay	104

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## Summary of Entries

Please return this form and a check for entry fees to the Entry Chairperson no later than 5:10 on Friday February 26, 2010.  
**Make check payable to Concord Swim Club.**

Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Number of swimmers entered: Boys \_\_\_\_\_ + Girls \_\_\_\_\_ = Total \_\_\_\_\_

Number of Individual entries \_\_\_\_\_ x \$4.00 each = \$ \_\_\_\_\_

Total number of relay entries \_\_\_\_\_ x \$5.00 each = \$ \_\_\_\_\_

Indiana Swimming Athlete Surcharge \_\_\_\_\_ x \$1.50 each = \$ \_\_\_\_\_

Total amount enclosed \$ \_\_\_\_\_

Club Official Submitting Entry:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

E-mail address \_\_\_\_\_

Coaches' Names

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please indicate how you would like to receive your final results (checklist)

\_\_\_\_\_ Hard Copy (snail mailed or .htm file emailed)

\_\_\_\_\_ Meet Manager backup (emailed)

\_\_\_\_\_ Team Manager .c12 file (emailed)

\_\_\_\_\_ All of the above

\_\_\_\_\_ Email address to send above to: \_\_\_\_\_

### Release and Hold Harmless:

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned himself, his successors and assigns, hereby releases and forever discharges the host club and its Board of Directors, USA Swimming and each of their respective officers, agents, employees, members, successors and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless the host club, USA Swimming, and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_.

Signature of Club Official or Coach: \_\_\_\_\_

You may have one designated spokesperson from your team to talk with the Referee or Clerk-of-Course. Please list this spokesperson: \_\_\_\_\_

