

2010 PRO JUNIOR SUPERSTAR INVITATIONAL

A swim your own age timed finals meet for 10 & under swimmers

February 14, 2010

SANCTION: The 2010 PRO Junior Superstar 10 & Under Invitational is sanctioned by USA Swimming and Indiana Swimming. Sanction # **IN10205**

HOSTED BY: PRO Swimming/Penn Aquatics at Penn High School Pool, 56100 Bittersweet Road, Mishawaka, IN (see our website at www.pennaquaticclub.com for accommodation information and Mapquest® directions).

FORMAT: We have designated this meet as a swim your own age, timed finals meet. Current USA Swimming and Indiana Swimming rules will govern this meet. We reserve the right to combine ages to swim the events though all events will be scored separately. Head Referee reserves the right to do flyover starts if deemed necessary.

USA Swimming Rules 202.3.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warmup, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

FACILITY: Penn High School Pool is a 25-yard, 8-lane course with Colorado electronic timing with button and digital watch back-up. All events will be swum as timed finals. Free parking is available in the Bittersweet Rd. lot at the northwest side of Penn High School.

ENTRIES: Entries will be accepted starting January 24, 2010. Entry deadline will be January 31, 2010. Deadline will be extended if the meet is not full. Acceptance may be subject to the size limitations of the meet based on the fill status at the time the entry is received. Host will NOTIFY teams being turned away by e-mail within 72 hours after the meet entry deadline or 72 hours after meet becomes full, whichever comes first. No phone or fax entries will be accepted. The host team shall limit the number of swimmers in any one or more events to maintain a reasonable length of the meet. In the event that entries are limited, the host club will return the entry fees to the club(s) whose swimmers are not allowed to compete in the specific event(s).

ENTRY CHAIR: Patty Carroll, Email: jbcui85@att.net Phone: 574-247-0719
14351 Drake Ct, Granger IN 46530

This meet will be run using Hy-Tek Meet Manager. Please e-mail your entry to Patty Carroll as listed above. Final results will be sent via e-mail. All entry fees, the signed release, and summary form must be received before the start of the meet on Sunday, February 14th or your team entries will be scratched.

MEET DIRECTOR: Shelley Brandenburg
Email: shelleybinoc@comcast.net
Phone: 574- 674-6225

ELIGIBILITY: All swimmers must be registered with USA Swimming to be accepted into this meet. Age as of February 14, 2010 shall determine the swimmer's age for the entire meet.

DECK ACCESS: Coaches MUST constantly display their current USA Swimming coaching credentials to gain deck access. The meet referee reserves the right to ask for coach credential display and/or to deny deck access if coach does not comply or card is no longer valid/current.
NO Parents are allowed on deck unless working in a volunteer capacity.

FEES: FEES BELOW ARE CORRECT IN ENTRY LETTER
\$ 1.50 Indiana Swimming surcharge required from each swimmer
\$ 4.00 per individual entry (see Entry Limitations below)
\$ 6.00 per relay entry
\$ 6.00 per deck entry; payment must accompany deck entry request
\$ 8.00 per deck entry relay
\$ 3.00 per Psych Sheet
Make checks payable to: Penn Aquatics and mail entry fee to entry chair (see page 1) prior to meet.

TIMES:
Session I warm-ups: 7:30 a.m.
Parade: 8:15 a.m.
Meet begins: 8:30 a.m.
Session II warm-ups: Not before 11:00 a.m.

ENTRY LIMITS: Each swimmer is limited to 5 individual events and 2 relays. In order to maintain the timeline of the meet, it may not be possible for swimmers to have a 20 minute rest between events. Heats may be combined in order to keep the meet moving on schedule. If so, scoring will remain as stated below.

SUIT

Restrictions: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming Rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

DECK ENTRIES: Deck Entries will be accepted if, at the sole discretion of the meet director, they will not unduly extend the meet. Deck entries will be seeded only if received at least 30 minutes before the start of the session. Unseeded deck entries will only be accepted to swim in empty lanes in the slowest heat.

CLERK OF COURSE: ALL 8 & under swimmers must report to the Clerk of Course upon announcement of first call for their events.

CHECK IN/ SCRATCH: This is a positive sign in meet, meaning "I'm here. I intend to swim." Sign in sheets will be pulled 15 minutes after the start of warm-ups for each session. To scratch an event, "X" through that event number on the sign-in sheet. At the 15-minute deadline, sign in sheets will be removed from the table and no changes or corrections will be accepted.

SCORING & AWARDS: Scoring: Individual events: 9-7-6-5-4-3-2-1
Individual Awards: Trophies for boys and girls ages 6 and under, 7, 8, 9, & 10 who earn 1st place high point. Custom medals for 2nd place high point. Custom medals for boys and girls placing 1st – 3rd in an individual event. Custom ribbons for boys and girls placing 4th – 10th in an individual event.
Relays: Custom ribbons for boys and girls placing 1st – 3rd in a relay.
Please remember to pick up awards at the end of the meet.

CONCESSIONS: Open during entire meet. If your child swims in both sessions, you will want to stay on the Penn High School campus. Swimmer-appropriate foods will be available for lunch.

VENDOR: **Just Add H2O** will be at the meet. Their store is locally owned and operated, located at 7225 Heritage Square Dr #320, Granger, IN

NOTE: The primary purpose of this meet is to provide young and/or inexperienced swimmers an opportunity to be recognized for their swimming efforts during the winter season. We have included primarily shorter events to ensure the meet is fun and in line with the endurance and swimming levels of young swimmers. While we reserve the right to combine ages to swim the events, all events will be scored separately.

TIMERS: Timers may be needed during the meet. Please be prepared to volunteer to help.

OFFICIALS: Each team is requested to supply at least one official per session.

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Sunday Session I

Warm-ups: 7:30 a.m.

Parade 8:15 a.m.

Meet begins: 8:30 a.m.

GIRLS	ORDER OF EVENTS	BOYS
1	10 year old 50 yd FREE	2
3	9 year old 50 yd FREE	4
5	8 year old 25 yd FREE	6
7	7 & Under 25 yd FREE	8
9	10 year old 50 yd BREAST	10
11	9 year old 50 yd BREAST	12
13	8 year old 25 yd BREAST	14
15	7 & Under 25 yd BREAST	16
17	10 year old 50 yd BACK	18
19	9 year old 50 yd BACK	20
21	8 year old 25 yd BACK	22
23	7 & under 25 yd BACK	24
25	9-10 200 yd FREE RELAY	26
27	8 & Under 100 yd FREE RELAY	28

Sunday Session II

Warm-ups: not before 11:00 a.m.

GIRLS	ORDER OF EVENTS	BOYS
29	9-10 200 yd IM	30
31	8 & Under 100 yd IM	32
33	10 year old 100 yd FREE	34
35	9 year old 100 yd FREE	36
37	8 year old 50 yd FREE	38
39	7 & Under 50 yd FREE	40
41	10 year old 50 yd FLY	42
43	9 year old 50 yd FLY	44
45	8 year old 25 yd FLY	46
47	7 & Under 25 yd FLY	48
49	9-10 200 yd MELDEY RELAY	50
51	8 & Under 100 yd MEDLEY RELAY	52

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Sunday, February 14, 2010

RELEASE AND HOLD HARMLESS AGREEMENT

CLUB _____
(Hereafter referred to as 'Club')

In consideration of being permitted to participate in the swim meet, Club, and its swimmers, coaches, parents, members, and volunteers hereby release and forever discharge Penn Aquatics, USA Swimming, Indiana Swimming, Penn High School, Penn Harris Madison School Corporation, the respective directors, officers, agents, employees, members, successors, and assigns of each of them, and all other persons or entities in any way connected with the sponsoring or holding of this swim meet, of and from any and all liabilities, claims, demands, actions, causes of action, losses, damage or expenses, of whatever kind of character, arising out of or in connection with said swim meet and the facilities and personnel for it. Further, Club, and its swimmers, coaches, parents, members and volunteers shall indemnify and hold harmless PRO Swimming, Penn Aquatics, USA Swimming, Indiana Swimming, Penn High School, Penn Harris Madison School Corporation, the respective directors, officers, agents, employees, members, successors, and assigns of each of them, and all other persons or entities in any way connected with sponsoring or holding this swim meet, of and from any and all liabilities, claims, demands, actions, losses, damages or expenses, of whatever kind or character, arising out of or in connection with any injury to any person, including death, or injury or damage to any property.

The undersigned represents that he/she is authorized by the club, and its swimmers, coaches, parents, members, and volunteers to execute this release and hold harmless agreement on behalf of each of them, binding Club, and its swimmers, coaches, parents, members and volunteers to the terms hereof.

EXECUTED THIS _____ DAY OF _____, 2010

SIGNATURE: _____

PRINTED NAME: _____

POSITION: _____

Entries Summary Form
2010 PRO JR Superstar Invitational
Timed Finals
February 14, 2010

Our team (name) _____ will provide volunteers as follows:

Official's name, level & e-mail	Session(s) he/she can work
_____	_____
_____	_____
_____	_____

PLEASE PICK UP YOUR SWIMMERS' AWARDS!

EVENT SUMMARY

Team: _____ Team Code: _____

Entry Chair Name: _____

Phone: _____

E-mail Address: _____

# of swimmers (IN SWIMMING SURCHARGE)	_____	X \$1.50 =	_____
# of girl's individual entries	_____	X \$4.00 =	_____
# of boy's individual entries	_____	X \$4.00 =	_____
# of relay entries	_____	X \$6.00 =	_____
Total fees payable to PENN AQUATICS			_____

In what format do you want final results?

- _____ .pdf file (emailed)
- _____ Meet Manager Backup (emailed)
- _____ Team Manager .cl2 file (emailed)
- _____ All of the above

Results will also be posted at www.pennaquaticclub.com